

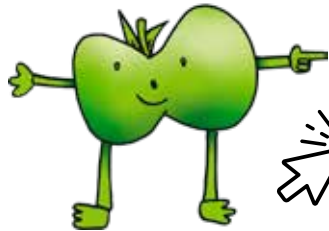
## Monday

## Tuesday

## Wednesday

## Thursday

## Friday



**CLIC**  
to know  
more



- 1** Macaroni and mushroom sauce
- Hake à la marinière
- Fresh seasonal fruit
- Salad / Pork and potato / Dairy

- 4** Rice with tomato
- Griddled butifarra sausage with lettuce and olives
- Artisan natural yoghurt
- Wholegrains / Fish and salad / Fruit

- 5** Bean stew
- Veggie burger with lettuce and sweetcorn
- Fresh seasonal fruit
- Grain / Fresh cheese and vegetables / Fruit



- 6** Chickpea and galets soup
- Courgette and onion omelette with bread with tomato
- Fresh seasonal fruit
- Vegetables / Poultry and rice/ Dairy

- 7** Fusilli à la napolitana
- Anchovies in tempura with lettuce and tomato
- Fresh seasonal fruit
- Salad / Grains and legumes / Dairy

- 8** Cauliflower and potato
- Chicken curry with onion and pepper
- Fresh seasonal fruit
- Grains / Egg and vegetables / Dairy

- 11** Rioja-style lentils
- Broccoli and cheese nuggets with lettuce and bean sprouts
- Fresh seasonal fruit
- Vegetables / Pork and potato / Dairy

- 12** Vegetable paella
- Scrambled eggs with ham with salad and tomato
- Fresh seasonal fruit
- Vegetables / Fish and grains / Dairy

- 13** Swiss chard and potatoes
- Honey chicken on a bed of apple
- Fresh seasonal fruit
- Salad / Fresh cheese and grains / Dairy

- 14** Broth with noodles
- Veal meatballs à la jardinière
- Fresh seasonal fruit
- Grains / Egg and salad / Dairy

- 15** Macaroni gratin
- Battered cod with lettuce and celery
- Artisan natural yoghurt
- Rice / Poultry and salad / Fruit



- 18** Vegetable purée
- Veggie bolognaise with spaghetti
- Fresh seasonal fruit
- Grains / Fresh cheese and salad / Dairy

- 19** Broth with maravilla pasta
- Battered fried squid rings with escarola lettuce and apple slices
- Fresh seasonal fruit
- Salad / Legumes and potato / Dairy

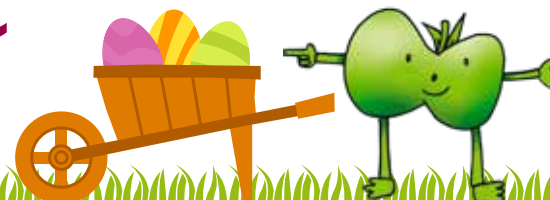
- 20** Chickpeas stewed with pumpkin
- Potato and onion omelette with lettuce and carrots
- Fresh seasonal fruit
- Grains / Poultry and vegetables / Dairy

- 21** Rice casserole
- Baked hake with lettuce and tomato
- Fresh seasonal fruit
- Vegetables / Egg and potato / Dairy

- 22** Potato stew
- Chicken with rosemary with ratatouille
- Mona cake
- Wholegrains / Fish and vegetables / Fruit



# holidays



Menu prepared by the dietitian nutritionist Vanesa Rodríguez col. CAT002061



\* In the children's cycle, the main course salad will be replaced by a seasonal vegetable puree.